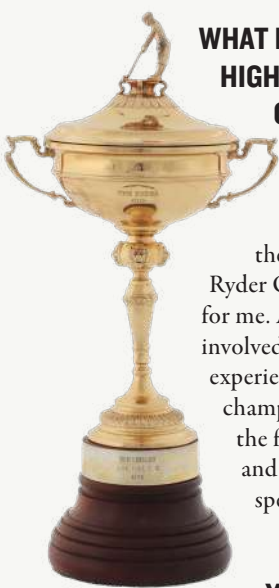


- FIVE MINUTES WITH -

# TOM FAZIO

**HOW MANY COURSES HAVE YOU DESIGNED, AND WHICH WAS YOUR MOST REWARDING EXPERIENCE?**

As far as how many courses I've designed, I actually never keep track of the number. Certainly, Adare Manor would be on the top of my list. The Irish love the game and they have some wonderful venues to experience golf, from links land to parkland. Adare Manor was also very personal for me because of my friendship with the McManus family. Their love for the game of golf and their love for the property at Adare made my involvement there possibly my favourite experience in golf.



**WHAT IS YOUR PERSONAL HIGHLIGHT OF YOUR CAREER SO FAR?**

Certainly, my involvement at Adare Manor and knowing there could be a potential Ryder Cup was a personal high for me. Although I've been involved with many great golf experiences and major golf championships, being a part of the family experience at Adare and Ireland really made it special for me.

**YOU TRAVEL A LOT IN YOUR LINE OF WORK, WHAT IS YOUR TOP TRAVEL TIP?**

I would say it is to plan ahead early and make sure you give yourself plenty of time. Time for travel to the airport, time for check-in and security, time for delays, time for unforeseen circumstances. Giving yourself that extra 15-20 minutes causes less stress and aggravation and decreases the potential for not making it to your destination.

**WHAT IS YOUR FAVOURITE DESTINATION WHEN YOU ARE TAKING A BREAK FROM WORK?**

Since my life is my work and my work is my life, I really don't feel that I've ever needed to take any time away from what I'm doing every day. On the top of my list every year is to make sure I plan to visit Ireland. It's always a fun, happy experience and I look forward to it on a continual basis.

**WHAT WAS YOUR BIGGEST CHALLENGE OF THE RECONSTRUCTION PROJECT AT THE GOLF COURSE AT ADARE MANOR?**

The biggest construction challenge at Adare Manor was the soil conditions. When you're working on parkland property, the soil is the biggest challenge. Links land property consist of sandy soils and parkland property consist of heavier, more organic soils which have a major impact regarding drainage. At Adare Manor that was our biggest challenge and we dealt with it by importing sand and creating sand-based soil to grow our turf on.



*A world renowned golf course architect and designer of Adare Manor championship course.*

**WHICH COURSE WOULD YOU RECOMMEND EVERY GOLFER SHOULD PLAY?**

I would definitely recommend Adare Manor because of the total environment of the property. There are many great, outstanding golf courses in Ireland that I'd recommend. I just keep checking them off my list. The golf experience in Ireland is phenomenal.



**WHO WOULD BE IN YOUR DREAM FOUR BALL?**

I have three golfers in my family, my sons, Austin and Gavin, and my wife Sue. They are golf fanatics. I love playing with them and plan to take them to tour many golf courses in Ireland because it's so special.

**IF YOU COULD SWAP LIVES WITH ANY PERSON FOR A DAY, WHO WOULD IT BE AND WHY?**

My honest answer to that is I'm not swapping. I'm not changing my job. I'm not giving it up. I absolutely love what I do, and there's nothing better for me. I've been doing this for a long time, and it has become an integral part of who I am. The passion and fulfilment I get from this work are unmatched, and I can't imagine doing anything else. I look forward to many more years of doing what I love.

**WHAT'S THE MOST UNUSUAL OR SURPRISING TALENT YOU HAVE THAT PEOPLE MIGHT NOT KNOW ABOUT?**

I actually don't think I have one. I certainly know that being a family man is one of my main desires and goals in life, but I don't think that that's a talent. I think it's just who I am and that comes first for me above my work and other things.

**IF YOU WERE TO CREATE A SLOGAN FOR YOUR LIFE, WHAT WOULD IT BE?**

The first thing I would do would be to go to the sportswear company and ask if I could buy their "Just Do It" slogan. I think that sums up my life. No matter what it is you have to do in life, just do it and do it the best you can.

## JUST DO IT

**IF YOU COULD TIME TRAVEL, WOULD YOU GO TO THE PAST OR THE FUTURE, AND WHAT SPECIFIC ERA OR TIME PERIOD WOULD YOU CHOOSE?**

I honestly believe that there has never been a better time period than the one we are currently living in. I'm fortunate to have a great family, friends, clients, golf courses in many places, and I feel blessed and happy. I would not change a thing in my life except for a few family members who have passed on but that's just part of life. I am happy where I am, with what I'm doing and looking forward to every day and the next day as the best days of my life.



**WHAT'S THE MOST UNEXPECTED PIECE OF ADVICE YOU'VE EVER RECEIVED, AND HOW HAS IT IMPACTED YOU?**

My uncle George Fazio, who was a talented golf course designer, great golf player, and my mentor, said to me in my early stages, work till dark. There was a lot to that and he actually really did mean it to always work and don't stop. If you're enjoying your work and love it there's no reason to stop and so I continue to follow along that way. To me it is something I do all the time but it's not really just about work. It's an attitude, it's a place to keep active and it's a place to enjoy life. That's how it's evolved for me decade after decade.

## ...AND FINALLY, YOUR FAVOURITE PAR 3, PAR 4 AND PAR 5?

**PAR 3.** Hole 17 at Waterville in Ireland.



**PAR 4.** Hole 1 at Augusta National



**PAR 5.** The 18th hole at Adare Manor.





# The Manor

Summer Edition 2024



## Adare Manor unveils enhanced shopping experience

*Visit our new look boutique with interiors  
by acclaimed designer Kim Partridge*

Tucked into the West Wing of the hotel, you'll find our gem of a boutique. Originally launched in 2017, this February saw the debut of our redesigned and expanded boutique. Showcasing incredible artisans and craftsmanship from Ireland and Europe alongside much-loved Adare Manor branded products, our new offering has been created following our boutique's growing success over the years.

Our aim in expanding the boutique space is driven solely by our commitment to continuously enhance the guest experience at our resort. We aspire to provide our guests with a shopping experience in Ireland that rivals what they could find internationally. This transformation promises to redefine our guests' understanding of the art of gifting. "Our guests are always seeking to take home a memory of Adare Manor when they visit, whether that's the bathroom amenities

that they experience during their stay, or one of our scented candles, which are one of our most popular items sold in The Boutique. With this new shopping experience, we are hoping guests will be inspired by our new collaborations with some of Ireland's leading designers, to take home something even more unique from their stay with us," explains Boutique Manager, Deirdre Moore.

When selecting partners, we prioritise showcasing exceptional craftsmanship and distinctive uniqueness. We work with brands such as Fabergé, Rue de Verneuil, Urban Aran, Cayo, Ériu, Prêt Pour Partir, Bourrienne Paris, Bernardaud, Acqua di Parma and more, most of which you will not find anywhere else in Ireland. Through collaborations with these remarkable artisans, we have also created one-of-a-kind bespoke items tailored to captivate our guests' discerning tastes.

The recent extensive renovation has almost tripled the floor area and transformed the boutique. Kim Partridge, Director and Founder of Kim Partridge Interiors, describes the inspiration behind the new boutique interior design; "We married the practicalities of the space with an elevated interpretation of brand values and a considered user experience; one that celebrates the luxury experience which is Adare Manor. Each room offers a new experience, creating a defined journey for the guest as they walk through The Boutique, as one might walk through a home, enjoying the ambiance of different rooms. Approaching the space in this way created a pleasing cohesion with Adare Manor's reputation for feeling as grand as it does intimate, inviting and homelike. This evolved into the creation of a scent room, an apothecary pantry, a room which promotes bed and bath and a room for fashion and jewellery.

We sourced the finest materials with no compromises; rich walnut, Irish green marble, supple leather and soft wool were used. It was imperative that the space was infused with architectural integrity, marrying the Gothic grandeur of Adare Manor with a feeling of being at the front edge of design. We felt it important to create a sense of place by developing an environment that reflected the vernacular of the hotel, the landscape and beyond, the physical representation of Irish culture and spirit."

The new boutique will soon be followed with a new gourmet-focused guest experience with the launch of the Harry Lowe's Chocolate this summer, which will offer guests chocolate tasting and workshop experiences, alongside gifting opportunities.

*"Curating craftsmanship and unique finds, our new boutique embodies our commitment to providing guests with an unforgettable shopping journey, where each item tells a story and captivates the senses."*

- Deirdre Moore, Boutique Manager



### IN THIS EDITION



Beyond the Courts  
PADEL



Adare's Pantry  
AMBER DELIGHT



Artist  
FIACHRA CROWLEY



Decoding Course Design  
ALAN MACDONNELL



HISKIN Founders Event  
DR. YANNIS & EVA



Five minutes with...  
TOM FAZIO



# PADEL

## Beyond the Courts



Padel, once perceived solely as a recreational activity, has now transcended its conventional boundaries to emerge as a dynamic lifestyle phenomenon with a global following. Its evolution into a cultural movement has ignited a fervent passion among enthusiasts worldwide, captivating individuals from diverse backgrounds. At Adare Manor's Padel Club, our involvement extends beyond mere observation; we are integral players in this transformative journey. Within the confines of our club, we don't merely facilitate Padel matches; we curate immersive experiences, fostering a vibrant atmosphere where enthusiasts can wholeheartedly engage in the exhilarating essence of the sport.

### JOIN THE MOVEMENT

Padel continues to make waves in prestigious publications and sporting circles, solidifying its position as a trailblazing force in the world of sports and leisure. In fact, it is the fastest growing sport in the world. With its seamless blend of athleticism and sociability, Padel has become synonymous with a fresh and fashionable way of life, attracting players of all backgrounds to experience its dynamic appeal.

### CONNECT, CONQUER, AND CREATE COMMUNITY

Padel is the epitome of inclusivity. Born from the fusion of tennis and squash, it's a sport that welcomes players of all levels with open arms. Whether you're a seasoned pro or a curious beginner, there's a place for you on the court. At Adare Manor's Padel Club, we believe in the power of camaraderie – it's not just about competition; it's about coming together, sparking conversation, and collectively improving our skills. If you're looking to upgrade your skills, take a Padel lesson with our trained experts and elevate your game to new heights.

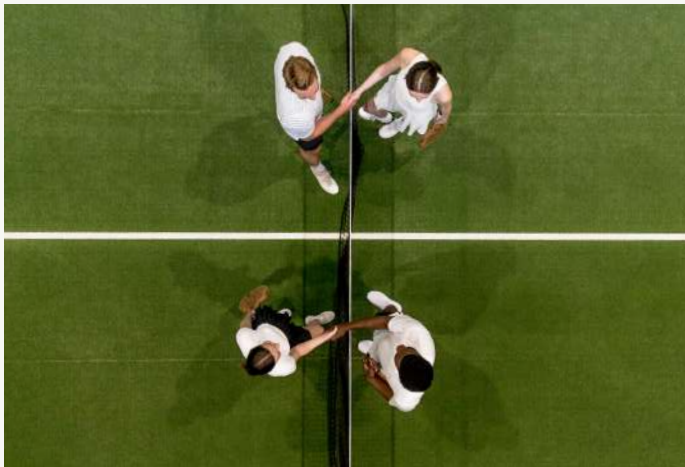
### ELEVATE YOUR GAME, ELEVATE YOUR HEALTH

Beyond the sheer adrenaline rush of the game, Padel offers a full-body workout that's anything but mundane. From the lightning-fast reflexes to the lateral movements that keep you on your toes, every aspect of Padel contributes to improved cardiovascular health, agility, and coordination. It's the kind of workout that feels less like a chore and more like a thrilling experience, making it the perfect choice for those who want to stay fit without sacrificing the fun.

Padel isn't your average game – it's a revolution. It's a sport that's breaking boundaries, bringing people together, and redefining what it means to live an active, social lifestyle. So why wait? Join us at Adare Manor's Padel Club and be part of the movement that's changing the game, one match at a time.

### PREPARE TO TACKLE THE COURT

Mastering the intricacies of Padel requires a nuanced understanding of its unique rules and strategies. Unlike traditional tennis, Padel is a doubles game, typically played on a court that is approximately 25-30% smaller. While the sport largely follows the rules of tennis, there are notable differences that players must grasp. For instance, when serving, one must bounce the ball on the ground and hit it underarm, below hip height. Additionally, the glass walls are deemed in play. However, the ball must bounce before hitting any of the outside glass or caged area of the court. This element of the game allows for strategic manoeuvres such as hitting the ball against one's own glass to propel it over to the other side of the net. Furthermore, after the serve, the ball must bounce once on the receiving side before being returned. Understanding these nuances can greatly enhance one's performance on the Padel court, providing a competitive edge in every match.



*“Our courts are more than just sporting facilities— they're a hub of energy and community, inviting enthusiasts to embrace the thrill of the game in our dynamic setting.”*

- Mark Beckett, Leisure Manger

## Attire for Spontaneous Adventures

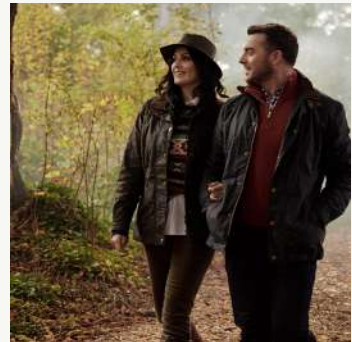
Ireland, renowned for its picturesque landscapes and unpredictable weather, offers a unique blend of all four seasons in a single day. Amidst this natural spectacle, dressing appropriately for summer pursuits becomes paramount, ensuring both comfort and functionality throughout your countryside adventures.

Summer in Ireland brings a mix of temperatures, ranging from a refreshing 50°F (10°C) in the morning to a rare 64°F (18°C) during the day. To navigate through these variations with ease, incorporating lightweight layers into your attire is key. Opting for breathable fabrics like linen or cotton allows for optimal comfort, preventing overheating during the warmer spells while providing ample insulation when the temperature drops.

Since the weather can shift from sun to rain in moments, a waterproof and breathable jacket or coat is indispensable.

A quality rain jacket not only keeps you dry but also ensures comfort, allowing you to continue enjoying the season's outdoor ventures despite the intermittent rain. Additionally, waterproof shoes are essential as the terrain is often damp. Should you require suitable boots, please don't hesitate to reach out to our concierge team, as we are more than happy to provide them to enhance your experience.

Embrace the spontaneity of Irish weather and immerse yourself fully in the beauty of the great outdoors. Whether you're exploring the talents of the gundogs or conquering the lakes through fishing, with the right attire as your companion, let every summer day in Ireland become a chapter of unforgettable experiences amidst nature's embrace.







THE DRAWING ROOM

Indulge in our Beetroot and Goat Cheese Salad, a vibrant mix of heritage beetroots, St Tola goat cheese from Ennistymon, candied walnuts, compressed apple, and pickled blackberries, drizzled with a refreshing sherry vinaigrette. Perfect for summer, it celebrates the season with fresh, invigorating flavours.

Michael O'Toole  
Sous Chef



THE TACK ROOM

Indulge in the Beau Geste cocktail, a harmonious fusion of Roku Gin, lychee liqueur, lemon juice, rose syrup, and velvety egg whites. This cocktail promises a refreshing and sophisticated taste experience, with vibrant flavours and a cool, crisp finish that epitomises the season.

Aodhán O'Farrell  
Resort Beverage Manager



THE OAK ROOM

Presenting Oyster Teriyaki, showcasing exquisite Dooncaster oysters from Connemara delicately infused with teriyaki sauce. Embodying the essence of summer, these oysters deliver a refreshing oceanic flavour with each tantalizing bite.

Mike Tweedie  
Head Chef

THE CARRIAGE HOUSE



Creamy Burrata from Italy is paired with Serrano ham, compressed honeydew, and cantaloupe melons, all infused with lemon olive oil. Enhanced with grapes, mint, toasted pine nuts, and served with honey biscuits and aged balsamic, this dish is a delightful ode to summer and warmer days.

Michael Dwyer  
Head Chef

Summer Delights

Savour the taste of summer with exquisite dishes and refreshing sips from around the resort.



THE GALLERY

Savour our Avocado and Eggs, featuring poached eggs on toasted soda bread with avocado, pumpkin seeds, and a vibrant tomato salsa. This dish bursts with freshness, highlighted by the zesty tomato salsa, adding a delightful twist to each bite.

Cathal O'Concubhair  
Banquet Chef de Cuisine



The Sweet Symphony  
Our Tiniest Team Members

From the earliest days of spring until the first frosts, Adare Manor's resident honey bees never stop working. These fascinating little creatures are a keystone species for environmental health, and their tireless efforts add to the beauty and abundance of the estate in many ways. In the manor gardens, they pollinate our trees and flowers, helping our berry and fruit crops flourish. The bees also play a vital role in our ongoing sustainability projects. Across Adare Manor's fields, forests, wildflower meadows and rewilded areas, their work increases the overall resilience and biodiversity of precious habitat. As part of the All-Ireland Pollinator plan, our resort is a conservation area for our native black honeybees, with ten hives contributing to the pollination of local ecosystems.

Of course, the bees' sweetest contribution is their delicious honey. This unique blend is made from the nectar and pollen of countless plants—including apple blossom, hawthorn, heather, and dandelion—creating an edible snapshot of the estate's flora each year. It brings the rich, delicate flavours of local flowers to the table for guests to savour. Delight in the taste of honey throughout the resort and discover the sweet-infused flavour in various dishes. Our pastry chefs and chocolatiers use our honey to infuse pralines and other delightful treats.

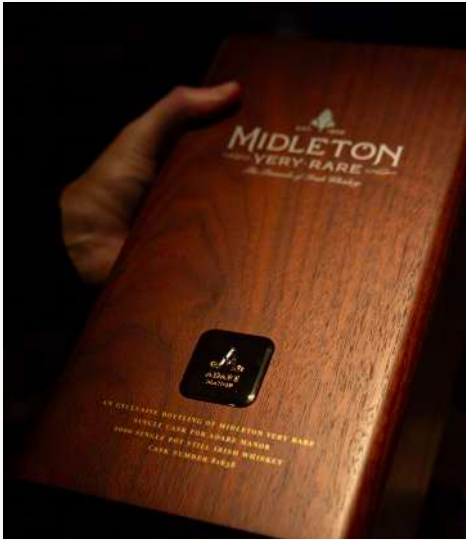
The annual honey harvest begins in late summer. Great care is taken to minimise disruption to the bees and their natural habitat, leaving plenty of honey behind to see the colony through the winter. The design of our National hives are based on a structure first used in the 1920s, which allows our beekeepers to remove single frames of honeycomb to check progress and extract honey—all without disturbing the queen or the precious brood combs where the next generation of honeybees are growing. These gentle, responsible practices, and the devoted efforts of our dedicated beekeeping team, help support the wellbeing and health of the colonies year-round.

During harvest, sections of whole comb are cut from some of the frames to be enjoyed whole. Others go into an extractor, which uses centrifugal force to spin liquid honey into a reservoir. The honey is then filtered to remove any impurities and bottled for use in the resort kitchens and for sale in the boutique and our online shop. Each jar is a sweet reminder of the estate's beloved bees, and a taste of Adare Manor's essence: beauty, tranquility, and thoughtful care.



# Aged to Perfection

THE FIFTH RELEASE OF MIDDLETON X ADARE MANOR VERY RARE WHISKEY



Whiskey crafting is a nuanced interplay between nature's bounty and human ingenuity—a symphony of elements that culminates in liquid gold. Yet, amidst this orchestration, time emerges as a silent conductor, shaping and refining the essence of the spirit.

In presenting the 5th Middleton x Adare Manor Very Rare Whiskey collaboration, crafted under Kevin O’Gorman’s expert guidance, this exceptional Irish whiskey marks a milestone in the enduring partnership between Adare Manor and Middleton. Over two decades of meticulous observation, sampling, and anticipation were invested in selecting an extraordinary second fill bourbon barrel, initially laid down by the esteemed Master Distiller Barry Crockett on November 9th, 2000.

With just 168 bottles produced, this exclusive release is a testament to their shared commitment to tradition and unparalleled craftsmanship, and holds a special significance as Middleton Very Rare celebrate their 40th anniversary this year. As each sip reveals layers of complexity and character, this whiskey becomes more than a libation—it’s a tribute to heritage, a celebration of whiskey artistry, and an invitation to savour the timeless elegance of an extraordinary spirit. Every drop tells a story, inviting enthusiasts to immerse themselves in the rich tapestry of flavour and history that defines this remarkable collaboration.

Tasting notes from Middleton Master Distiller Kevin O’Gorman

Nose

Notes of citrus spice with lemon verbena and camomile tea are prominent at first. All the while, the softer and more nuanced aromas of melon and orange peel are graciously accompanied by the delicate pot still spices. The oak, while gentle, adds intricate notes of woodland spices with cinnamon and nutmeg that create further depth and complexity, introducing a sweet vanilla that verges on more decadent thoughts of crème brûlée.

Taste

Cinnamon spice with luscious waves of creamy vanilla and citrus fruits dance around the palate before subsiding to reveal a mild prickle of chilli oil and paper. The oak’s soft tannins eventually subdue the spices, allowing the sweet fruits to continue to build throughout.

Finish

Lasting, with the oak and pot still spices parting to give the last word to the soft fruits.

Of course, even the most evocative tasting notes are no substitute for experiencing this whiskey yourself. Try a dram at any of the resort’s bars, perhaps as part of our immersive whiskey tasting experiences. Passionate connoisseurs and collectors can obtain a bottle for themselves from the Adare Manor boutique.



## Unveiling Fiachra Crowley

### A Design Journey

In a tale of rediscovery and creative passion reignited, Fiachra Crowley’s journey into the realm of design is nothing short of inspirational. It all began with a pivotal moment during his secondary school years, where a focus on academia temporarily overshadowed his childhood love for creativity. However, fate intervened when Fiachra stumbled upon a brochure for a local adult education centre, offering courses in art, craft, and design. Opting to indulge his dormant creative spirit, Fiachra embarked on a journey that would lead him back to his true calling. After completing an advanced course in art, the year 2019 marked a significant milestone as Fiachra bravely registered as self-employed, giving birth to his brand, “Fiachra Crowley Artist.”

With every mould of clay and application of glaze, Fiachra’s designs echo his identity, striving for beauty in simplicity that enhances rather than overwhelms. Inspiration for Fiachra’s creations knows no bounds, with each piece and collection drawing from a diverse array of sources – be it a new idea, technique, or the unique essence of his clients’ brands. Bold use of colour and a fearless approach to creativity resonate deeply with Fiachra, inspired by master craftsmen like Diem Pottery and creatives such as Jennifer Fitzgerald.

Crafted with meticulous attention to detail, Fiachra’s pieces come to life in his humble home studio. This sanctuary, adorned with mismatched second-hand furniture and brimming with clutter, serves as the perfect breeding ground for Fiachra’s creativity to flourish and flow. Among Fiachra’s notable endeavours is the bespoke collection designed for Adare Manor. Drawing inspiration from both the colour scheme of the Adare brand and his own artistic vision, Fiachra crafted pieces infused with bold block colours and simple forms, tailored to appeal to a wide audience.

For Fiachra, the most rewarding aspect of being a designer lies in the unparalleled freedom it offers. With no rules to follow, he relishes in the liberation to explore new designs, techniques, and forms, allowing his inner creative spirit to soar. Looking ahead, Fiachra’s aspirations are boundless, driven by a desire to delve deeper into the endless possibilities of ceramic techniques such as Raku.

Fiachra Crowley’s journey from rediscovery to self-expression through design is truly inspiring. With each creation, he echoes his identity, striving for simplicity and beauty. As he continues to explore new horizons and push boundaries, we eagerly anticipate the innovative paths his creativity will take.







# DECODING COURSE DESIGN

Embarking on a round at Adare Manor isn't just a game—it's an adventure into the heart of golfing excellence. This revered course beckons players with its stunning vistas and challenges, where every stroke is a testament to skill and strategy. Let's unravel the secrets of this renowned course and uncover practical tips to conquer its challenges.

**TURF TACTICS:**

Adare Manor's grass sward is a testament to meticulous planning and attention to detail from the Greenkeeping Team, with two distinct grass types shaping the landscape. Dwarf perennial ryegrass lines the tees, fairways and roughs, providing a stable foundation for your shots, while the finer-textured bentgrass on the greens demands precision in every putt. Bentgrass putting surfaces are regarded as the best putting surfaces.

**GREEN VELOCITY:**

Beyond the aesthetics, the greens at Adare Manor are a dynamic battleground where speed reigns supreme. MacDonnell's team employs specialised techniques to fine-tune green speeds to 11, ensuring a delicate balance between challenge and fairness. However, speed is not your only opponent, subtle breaks add to the complexities. Carefully observe the Tom Fazio contours and slopes of the putting surface. Visualise the ideal line for your putt, trusting your instincts and remember green speed takes precedence.

**NAVIGATING SURROUND CHALLENGES:**

The surrounds may seem mild, but they hold hidden tests for the discerning player and are indeed the golf course's defence. They are managed and maintained in the same way as the greens however its not speed that takes precedence its medium firmness. Focus on landing approach shots gently to reduce how far they roll. Embrace your short game skills to conquer these areas, chipping or indeed putting with precision to set up par opportunities.

**THE DRAMA OF SIGNATURE HOLES:**

As you navigate Adare Manor's closing stretch, prepare for an exhilarating end to your round. Each hole presents its own unique challenges, from tempting risk-reward opportunities to devilishly intricate green complexes. Approach each hole with a strategic mindset, considering factors like wind direction and hazards. Keep a keen eye on holes 1, 6, 9, and 16, along with the par-5 finisher, as they boast the most formidable green complexes on the course.

In essence, Adare Manor beckons golfers to embrace the spirit of adventure and mastery. So step onto the fairways with confidence, ready to immerse yourself in a journey where each shot tells a story of skill and strategy.

*"Everything we do here is about the team, as they are dedicated to the cause of doing justice to the architect's dream of smooth, firm, fast surfaces."*

- Alan MacDonnell, Golf Course Superintendent.

## PUTTING PRECISION

Unlock Your Potential with Premier Sighting and Alignment Coaching



Discover the pinnacle of golf coaching at Adare Manor, where residents can access the world's premier Sighting and Alignment Coaching system for putting. Andy McMahon and Fraser Thomson, have been personally trained by Stephen Feeney, the renowned inventor of SightRight. Feeney's expertise has solidified him as the top coach globally in rectifying sighting and alignment issues, thereby enhancing players' accuracy and performance. Notably,

Andy and Fraser hold the esteemed titles of being the 7th and 8th qualified SightRight Golf coaches worldwide, making them Ireland's sole representatives.

Drawing from extensive experience working with elite athletes across diverse disciplines, including golf, snooker, pool, and darts, SightRight methods have been instrumental in propelling numerous top performers to victory in major

tournaments including the Ryder Cup. The efficacy of these techniques is testament to their unparalleled ability to refine skills and elevate game performance to unprecedented heights.

In a comprehensive two and a half-hour session, participants will gain invaluable insights into the six essential steps to putting success. This intensive coaching experience equips golf enthusiasts with the tools and knowledge to immediately apply

their newfound skills on the course, translating theory into tangible improvements in gameplay.

To embark on your journey towards golfing excellence, simply speak to our Concierge team or reach out to [golf@adaremanor.com](mailto:golf@adaremanor.com) to secure your session.



# 111SKIN FOUNDERS EVENT

A WEEKEND OF ENRICHMENT AND RELAXATION

Last October, the estate hosted a lavish event centred around wellness, together with Dr. Yannis and Eva Alexandrides, the visionary founders of legendary skincare brand 111SKIN. The celebration brought together an intimate, international guest list of lifestyle journalists for an unforgettable weekend marking the inception of our groundbreaking partnership—the first of its kind in Ireland.

This partnership is a true collaboration. We had the great honour of working side-by-side with the 111SKIN team to develop original spa treatments and experiences, each custom-designed exclusively for Adare Manor guests.

Our Spa Team had the privilege of delving deep into the intricacies of 111SKIN's revolutionary formulas under the expert instruction of Dr. Yannis and Eva. Immersed in their scientific research and aesthetic philosophy, we gained a deeper understanding of everything that makes 111SKIN's formulas the most advanced skincare technology available today, and learned how to target bespoke treatments to each guest's unique wellness aspirations. As a team, we were inspired, invigorated and ready to put all this invaluable learning into practice.

The weekend opened with a sumptuous Afternoon Tea in The Gallery—an exquisite ritual of relaxation and conviviality that provided a serene segue into the indulgent atmosphere of Adare Manor. As the outside world faded into insignificance, guests surrendered to the blissful cocoon of pampering awaiting them.

Central to the event were the debut of our new treatments, with each attendee treated to a personalised spa journey featuring the opulent Rose Gold Renaissance Facial. Following a tranquil interlude in the relaxation room, guests applied 111SKIN Cryo De-Puffing

Eye Mask during a restorative yoga session at the Padel Club, looking out over the treetops through The Studio's floor-to-ceiling windows. Later, on the Padel courts, laughter and camaraderie filled the air amidst spirited rallies, as participants worked up a sweat and a friendly spirit of competition.

The remainder of our time together unfolded effortlessly, punctuated by engaging conversations, peaceful moments and delightful surprises, including an inside scoop for the journalists about a yet-unreleased new mask, gifted by 111SKIN, the Wrinkle Erasing Retinol Patches. The grand private dinner in The Library, amid a dreamy atmosphere of flickering candlelight, soft harp music, and white flowers, was the weekend's crowning moment—a culinary masterpiece, orchestrated by Michelin-starred Oak Room chef Mike Tweedie and his team.

The cherished memories forged during this sanctuary of self-care will linger for years to come, serving as a testament to the dawn of a new era of wellness at Adare Manor. If you would like assistance in planning your own personalised wellness retreat during your stay with us, please get in touch with our Spa team. We would be honoured to curate a nurturing and uplifting itinerary of treatments and experiences for you.



## SKIN REJUVENATION



### REFRESH YOUR SKIN AT ADARE MANOR SPA

As summer arrives, our skin faces unique challenges. The combination of increased sun exposure, higher temperatures, and humidity can lead to dehydration, dullness, and sensitivity. To combat these effects and keep our skin healthy and radiant, it's essential to provide it with the right care and nourishment. This is where the "Renewing Rose Body Envelopment" and "Rose Quartz Restorative Facial" step in, offering tailored treatments designed to address the specific needs of summer skin. With their hydrating, soothing, and rejuvenating properties, these treatments are perfectly suited to refresh and revitalize your skin during the summer months.



### THE RENEWING ROSE BODY ENVELOPMENT

This treatment offers a rejuvenating experience perfect for summer skin preparation. With exfoliation being crucial for skin health, especially in warmer weather, this treatment effectively removes dead skin cells, promoting a radiant and glowing complexion. The hydrating properties of rose help maintain skin moisture levels, combating dryness often exacerbated by sun exposure. Additionally, rose supports the body's natural collagen production, aiding in skin firmness and elasticity. The comforting aroma of damask rose not only soothes the senses but also promotes emotional well-being, making it an ideal summer indulgence.



### THE ROSE QUARTZ RESTORATIVE FACIAL

Particularly caters to the specific needs of summer skin, offering a bright, smooth, and illuminated complexion. Packed with vitamins A and C, rose soothes the skin, minimizing redness and restoring balance, which is particularly beneficial during the summer when skin may be prone to irritation from sun exposure. This facial is popular among those preparing for special occasions, such as weddings, as it leaves the skin supple, hydrated, and radiant. The innovative massage techniques used in this facial help soothe inflammation, making it perfect for calming sun-kissed skin.



# NATURE'S CANVAS

Exploring Garden Treasures and Wildlife Wonders

Every season at Adare Manor brings its own enchantment, but there is an undeniable magic to midsummer, when the estate is in full bloom. Across these 840 acres, you will encounter a diverse, thriving ecosystem, and at this time of year, the gardens, wildflowers, and forests are all at their peak. Warmer weather and long bright evenings offer an invitation to step outside the grandeur of the Manor house and into the splendour of the Manor estate.

## Manicured masterpieces: the formal gardens

Lavished with love and attention by our expert team of gardeners, the geometric parterre garden and walled “secret gardens” which surround the Manor are living works of art. At this time of year, the star of the show is the Bellis “Robella”. These double salmon-pink flowers were chosen to complement the warmth of the manor’s stonework. There are 8340 of these beauties planted in the formal gardens. Later in the season, Begonia “Nonstop Red” will step in to take their place, ensuring a continuous, spectacular display of colour. As a cool counterpoint to these brighter blooms, dense plantings of Nepeta “Six Hill Giant” produce successive flushes of lilac-coloured flowers throughout the summer. This cousin of the mint family is a resilient perennial, fragrant and beloved by bees. All of these flowers would make elegant additions to the home garden, as would this recommendation from Padraig Collins, Landscape Manager:

“The *Cercis Siliquastrum*, with its striking purple flowers in spring, presents an enticing option. With a mature height and width of approximately 4.5m, this small tree not only adds visual interest but also contributes to the ecological richness of its surroundings.”

## A gentle wilderness: the landscapes of Adare Manor

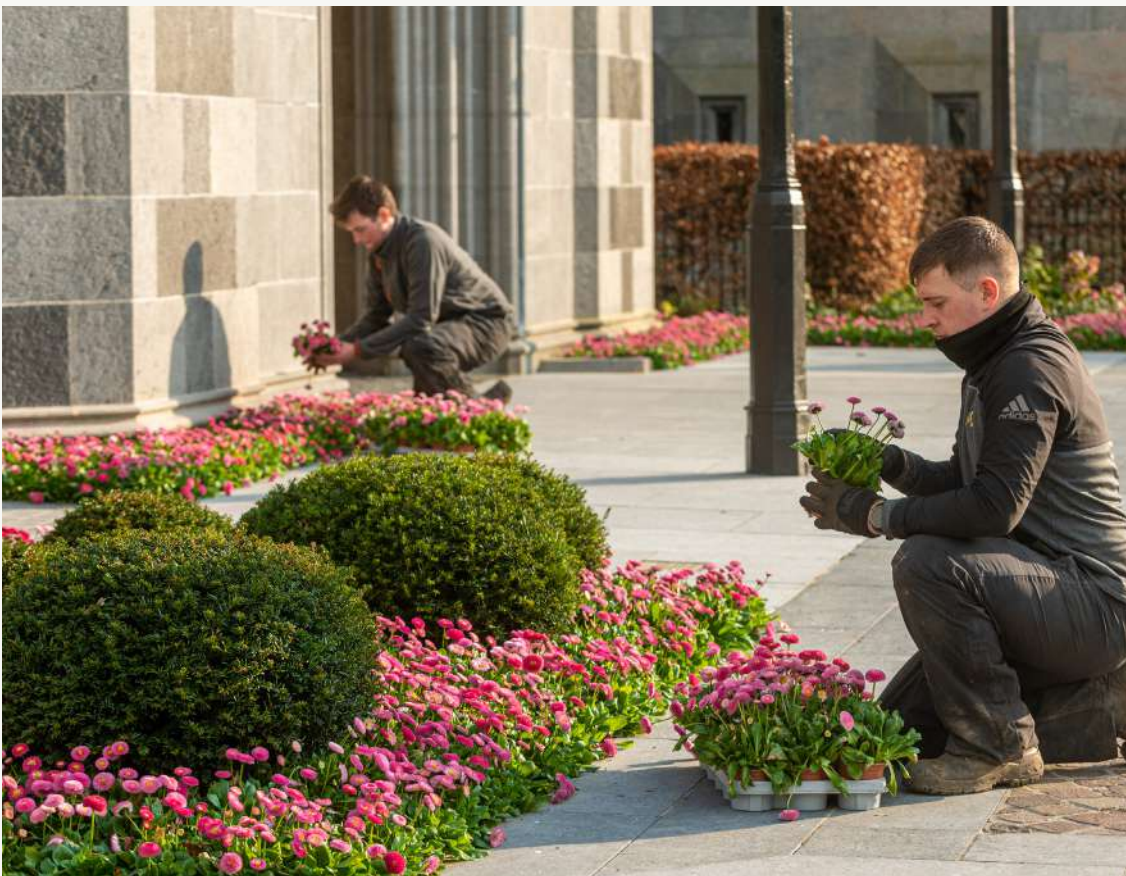
Beyond the elegant symmetry of the formal gardens, the estate grounds unfurl into a dynamic landscape of woodlands, parklands and riverbanks, all carefully managed to support local biodiversity. Here, aesthetics and sustainability go hand in hand, and thanks to our ongoing conservation projects, there is always something new and beautiful to discover.

We have planted over 16,000 native trees since 2016, and constructed two new wetlands on our golf course, alongside several “rewilded” areas along the river and around our solar farm. We have also surrounded the Padel Club with a sea of native wildflower meadows: heaven for our eyes and a haven for pollinators. Each of these measures contribute to the health of our environment, providing land-based carbon storage, water quality improvement, and wildlife habitats, all while adding to the peaceful loveliness of the grounds.

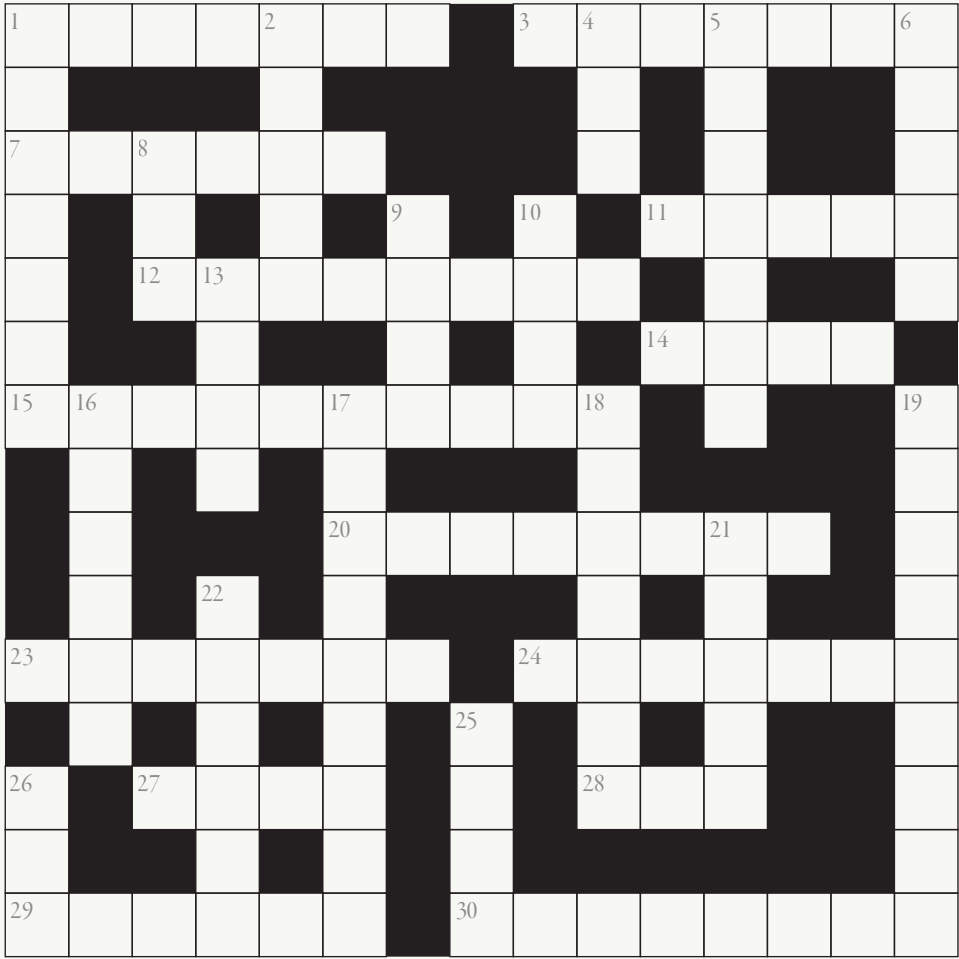
In 1865, Lady Caroline, Countess of Dunraven described how the estate’s “...extensive vistas through aged trees and shaded walks “where many a saint and many a hero trod” give a peculiar interest to the whole place.”

You can share her joy in Adare Manor’s natural wonders by following in her footsteps. Set aside a quiet hour for a stroll through the Woodland Walk or Biodiversity Trail as they meander through the forest and along the River Maigue.

If you pause for a moment and listen, you may experience the same peace that she found here, where “...the murmuring of the river, the singing of the birds, and the fluttering of the numerous water-fowl (are) the only sounds that break upon the silence.”



# The Manor Crossword



## Across

- 1. Bird of prey of the hawk family (7)
- 3. Blaze a trail (7)
- 7. 12th Century invaders of Ireland (6)
- 11. A blend or batch of wine, especially champagne (5)
- 12. Pertaining to the time of castles and knights (8)
- 14. Body of water surrounded by land (4)
- 15. Series of games to determine a winner (10)
- 20. Large room for formal dancing (8)
- 23. 100 years (7)
- 24. Pagan festival from which Halloween originated (7)
- 27. Natural talent (4)
- 28. Coniferous tree (3)
- 29. Curator’s workplace (6)
- 30. Blissful place (8)

## Down

- 1. Ceremonial dinner party for many people (7)
- 2. Accolade (5)
- 4. Creeping greenery (3)
- 5. Not artificial (7)
- 6. Water with a mouth (5)
- 8. Alcohol made from the juice of the sugar cane plant (3)
- 9. Structural support (4)
- 10. Adare Manor original architect, also ache (4)
- 13. Hibernia (4)
- 16. Pearl maker (6)
- 17. Botanical garden (9)
- 18. Alfresco area (7)
- 19. 1st Earl of Dunraven, also February flame (9)
- 21. Ancient Irish alphabet (5)
- 22. Garments (6)
- 25. Symbol of Ireland (4)
- 26. Emerald or ruby (3)

Visit our Concierge desk for the solution.